

Manicure Aftercare Advice

Your Gelaze® UV Gel Polish Manicure will stay vibrant, glossy and chip free for 14 days or longer if you follow these simple home-care rules:

- Regularly use cuticle oil. Use once a day, ideally at night before bed (toes as well as fingers). Make sure you run it all around your cuticle and onto the nail itself, this will keep your nails supple, nourished and moisturised.
- 2. Wear rubber gloves when using cleaning products, gardening and washing up.
- 3. Avoid intense heat for 24 hours after application no sauna or sun bed.
- If you have any reaction to Gelaze® itchiness, redness or soreness, please call straight away so we can arrange to remove the Gelaze® UV Gel Polish as quickly as possible.
- 5. Always wash your hands after you apply sun cream, sun lotion, insect repellent and coloured hair products, as some may contain ingredients that cause discolouration, fading or weakening of your Gelaze® UV Gel Polish.
- Do not bite, pick, cut or file your nails. This will weaken your Gelaze® UV Gel Polish
 application and cause it to start lifting. If you continue to peel adhered Gelaze® UV
 Gel it can cause damage to your own nails.
 - In the unlikely event that your Gelaze® does peel or chip, please call for an appointment straight away, so we can assess and rectify the problem for you.
- 7. Do not use your nails to open anything or put un-necessary pressure on your nails.
- 8. Should you want to temporarily change the colour of your nails while wearing Gelaze® UV Gel, use regular nail polish. To remove the nail varnish, make sure you use a small amount of non-acetone remover, do not saturate the nails.

 THIS IS NOT RECOMMENDED AS EVEN REGULAR NAIL POLISH REMOVER CONTAINS ACETONE WHICH WILL COMPROMISE YOUR GELAZE® LONGEVITY.
- 9. Make an appointment to come back to me in two weeks time for your Gelaze® UV Gel to be professionally removed without damage to your natural nails. This is an ideal time to have a new application of Gelaze® UV Gel to your healthy, long, natural nails.
- 10. Remember, your nails are jewels, not tools. Treat your nails with respect and you will be rewarded with healthy, long, natural nails.

If you have any questions please do not hesitate to contact me: